Celebrate HASTINGS WEEK with HASTINGS RUNNERS

Take part in the

1066 HASTINGS EAST HILL STEPS RACE

Kindly Sponsored Sv

www.michaeldhall.co.uk

ARROW

Michael D Hall

Building Design Services Ltd.

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The Little Mill Bakery 265 London Road, St Leonards on Sea 01424 421474 www.littlemillbakery.co.uk



A 1.066 mile Step Race Challenge Event

Open to Individuals, Sporting and Non Sporting Teams

VICTORIA TYRE CENTRE

162 Victoria Avenue, Hastings (01424) 460838

Sunday 7th October

Starting and Finishing at Winkle Island in Hastings Old Town

STORMIN' NORMANS!

"William" you conquer the 1.066 miles of steps, woods and fast downhill finish around Hastings Historic Old Town and East Hill?

ENTRY FEE - £6.00

£7.00 - On the Day

All Profits to Hastings Week

ENTRY FORMS and FULL RACE DETAILS AVAILABLE

ON LINE: <u>www.runnersworld.co.uk/events</u>

HASTINGS RUNNERS WEB SITE: www.hastingsrunners.org.uk

SPORTS OUTLETS, SHOPS, PUBS, CLUBS and the TOURIST INFORMATION CENTRE

RACE COMPETITORS MUST BE OVER 15 YEARS on RACE DAY

INDIVIDUAL PRIZES

(Male and Female)

1st Overall

1st Senior

1st Veteran

1st Junior

TEAM PRIZES

1st Running Club

1st Sporting Team

1st Non Sporting Team

RACE MEMENTO for ALL

Event Organised by Hastings Runners www.hastingsrunners.org.uk

Hastings Runners is based at the Horntye Sports Complex

Training schedule includes a run every night during the week at 6.30pm plus Saturday/Sunday morning/afternoon

Long off road runs in the Summer season from a variety of locations

All abilities welcome